

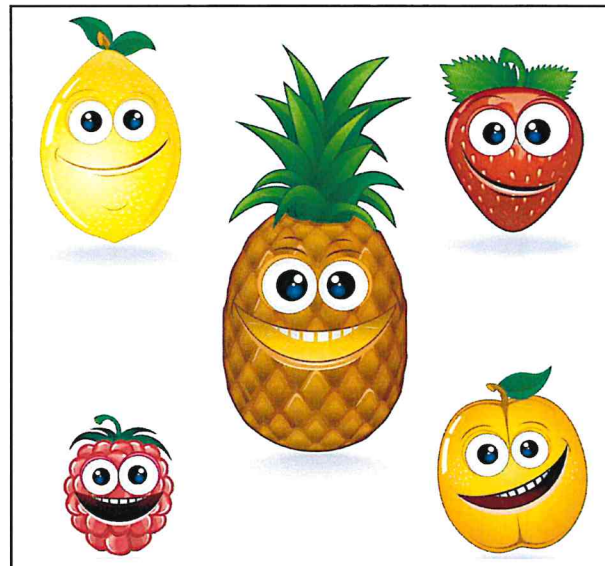
# FUNKY FOOD CAFÉ 2023

## ST DAMIEN'S CATHOLIC PRIMARY SCHOOL

### DAILY RECESS ITEMS

Please do **NOT** order these items for lunch

G Apple Slinkys	1.00
G Watermelon slice	.90
G Fruit kebab	1.00
G Corn on the cob	1.10
G Plain pikelet buttered	.60
G Jelly & fruit cup	1.90
G Jelly, fruit & custard cup	2.50
A Muffin (banana, blueberry)	1.80
G Scone half	.90
G Popcorn bag	.50
G Cheesie	2.40
G Baked bean Cheesie	2.70
G Garlic bread	2.20
G Spaghetti cheesie	2.70
G Pizza cheesie	2.70
G Gluten Free Pizza Cheesie	2.90
G Fruit Toast (2 slices)	1.60
G Gluten Free Fruit toast (2 slices)	2.00
G Dip plate (Dip, veges & pitas)	2.40
G Yoghurt fruit & muesli	2.70
G Gluten Free Pikelet	.80
A Gluten Free Muffins	2.00
G Gluten Free Cheesie	2.60



To order please complete a separate bag for recess and lunch and submit it to the canteen before 8.30am via the classroom tub or online at Quickcliq. Please do not staple or sticky tape your lunch bags. Lunch bags are available for purchase from the canteen or you can purchase brown bags at the supermarket for a minimal cost.

The success of our canteen relies heavily on the support of our volunteers. If you can help please come and see me so I can add your name to the roster.

### DRINKS

G Water	1.50
G Hilo Milk	1.50
G Soy Milk	1.50
G Warm or Cold Milo (Plain or Soy)	1.60
(Please collect from the canteen)	
G Small Milk Chill	2.90
(Choc/Banana/Berry)	
G Emma & Tom Juice 250ml	3.50
(Tropical/Apple/OJ)	

### SWEET TREATS

#### AVAILABLE AT LUNCH TIME ONLY

A Juice pop	.80
G Milk pop	1.00
G Yoghurt pop	1.20
A Light vanilla cone	2.00
A Paddle pop	2.00
Lunch Bags x 25	.50

### TRAFFIC LIGHT SYSTEM

Our school adheres to the Traffic Light System introduced by the Government in 2006. This policy places foods into categories based on a Traffic Light. Our menu must comply and consist of a minimum of 60% Green.

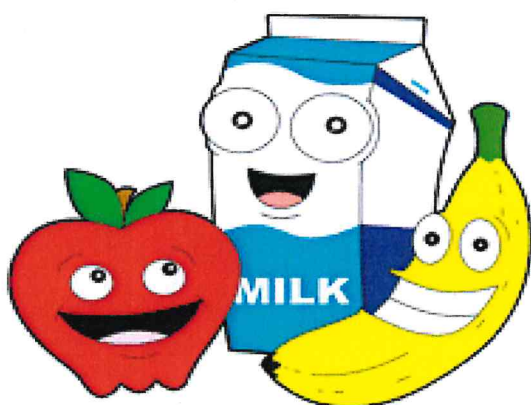
We are currently over 90 %.

(G)Green- must predominantly fill menu.

(A)Amber - Select carefully and limit sales.

(R) Red- off the menu.

You can now select healthier options by choosing foods with the letter G before them.



# THE FUNKY FOOD CAFE

## LUNCH TIME ORDERS

AVAILABLE EVERY DAY  
SANDWICHES & ROLLS  
WHOLEMEAL ONLY

(Rolls or Gluten Free Bread please add \$1.00)

G Vegemite	2.00
G Cheese	3.90
G Salad	4.20
G Ham	3.90
G Chicken	3.90
G Tuna	3.90
G Egg (Curried or plain)	3.90
G Ham & salad	5.00
G Chicken & salad	5.00
G Tuna & salad	5.00
G Egg & salad	5.00
G Cheese & salad	5.00

WRAPS	HALF	FULL
G Vegemite	2.00	2.40
G Cheese	3.00	4.20
G Salad	3.00	4.20
G Ham	3.00	4.20
G Chicken	3.00	4.20
G Tuna	3.00	4.20
G Egg (Curried or plain)	3.00	4.20
G Cheese & salad	3.70	5.10
G Ham & salad	3.70	5.10
G Chicken & salad	3.70	5.10
G Tuna & salad	3.70	5.10
G Egg & salad	3.70	5.10

TOASTED SANDWICHES (Gluten Free option \$1.00 extra)

G Vegemite	2.80
G Vegemite & cheese	4.10
G Ham	4.10
G Chicken	4.10
G Tuna	4.10
G Cheese	4.10
G Cheese & tomato	4.80
G Ham & Tomato	4.80
G Ham & cheese	5.00
G Chicken & cheese	5.00
G Tuna & cheese	5.00
G Ham, Cheese & tomato	5.60
G Chicken, cheese & tomato	5.60
G Ham, cheese & pineapple	5.60
G Chicken cheese & mayo	5.60
G Chicken, cheese & avocado	6.00
G Spaghetti	3.50
G Baked Beans	3.50

EXTRAS

G Mayo, tomato, beetroot, pineapple	.70
G Lettuce, carrot, cucumber	.50
G Cheese or avocado	1.20
G Vegemite	.10



AVAILABLE EVERY DAY FOR LUNCH

G Chicken chilli wrap salad & mayo	5.70
G Hot chicken roll & mayo	5.50
G Macaroni cheese	5.70
G Spaghetti bolognese	5.70
G Salad tub	5.70
G Adding ham, chicken, tuna, egg	1.00
G Adding Chicken Chilli	1.50
G Soup & bread (please collect)	4.00
(Chicken & Corn/Pumpkin)	
G Stuffed spuds (cheese topped)	5.00
(Savoury mince, ham or baked beans)	
G Sushi Bowl (Tuna or Chicken)	5.90
G Fried Rice	5.70
G Gluten Free Lasagne and Mac Cheese	6.00
G Vegetable Lasagne	5.70

MONDAY & WEDNESDAYS

G Pizza Slab	4.90
(Ham & Cheese, Hawaiian, Meatlovers)	
G Meatball sub with cheese	5.90

TUESDAY ONLY SPECIAL

A Pig the Pug Hotdog	5.00
A Puppy Dog (1/2 hotdog)	2.50

THURSDAYS

G Hamburger with salad & sauce	5.90
G Hamburger, cheese, salad and sauce	6.40
G Chicken Burger with salad & mayo	5.90
G Chicken burger, cheese, salad & mayo	6.40
G Fish burger with salad & mayo	5.90
G Fish burger, cheese, salad & mayo	6.40
G Nachos (GF) cheese and sour cream	5.90

FRIDAY SPECIALS

A Pie	4.40
A Sausage roll	3.90
A Party pie (Limit of 4)	1.90 ea
Sauce	.50